



ARMY PUBLIC SCHOOL MEERUT



OCTOBER TO DECEMBER 2024

HIGHLIGHTS OF THE MONTH

4 Oct: Inter-School yoga Competition

7 Oct: Workshop for Teachers

9 Oct: Dussehra Celebration at Asha School

9 Oct: Orientation of I.I.M.U.N.

9 Oct: Visit of Motivational Speaker Ms. Asha Malviya

9 & 10 Oct: Youth Ideathon 2024

18 Oct: Diwali Celebration at Asha School

4 Oct to 31 Oct: Global Impact Festival 2024

28 Oct: Life-Saving Skills Training Session

25 Oct to 29 Oct: Conduct of POCSO Act Workshop

28 Oct: Diwali Celebration

4 Nov to 14 Nov: Annual Athletics Meet 2024

14 Nov: Visit to Rashtrapati Bhawan

22 & 23 Nov: Visit to Asha School under project Asha Milap

23 & 24 Nov: Indian International Model United Nations (IIMUN)

26 Nov: Celebration of Constitution Day

1 Dec: Skating Competition

3 & 4 Dec: Conduct of PARAKH Examination

6 Dec: Conduct of PRABAL Examination

8 Dec: Bharat ko Jano Quiz Competition

10 Dec: Awareness Session on HCL Techbee Programme

12 & 13 Dec: Career Guidance session by Envision India Eduservices

21 Dec: Celebration of Veer Bal Diwas

24 Dec: Bagless Day

24 Dec: Meerut Mahotsav 2024



ORIENTATION OF I.I.M.U.N.

[India's International Movement to United Nations]

On 09 October 2024, an orientation program was organized by the President of I.I.M.U.N. This informative session highlighted the objectives, programs, activities, and importance of the International Organization. In the two consecutive sessions, 225 students participated. They were updated about India's stand and approach to international issues.



VISIT OF MOTIVATIONAL SPEAKER MS. ASHA MALVIYA

"Be the flame of fate that torch of truth to guide our young people towards a better future for themselves and for the country"



On 09 October 2024, motivational speaker, cyclist, mountaineer, and athlete Ms. Asha Malviya expressed her insights on motivation for life in the morning assembly to the students. She shared her journey and offered practical advice on overcoming challenges and maintaining a positive mindset. The speaker captivated the audience with her inspiring talk on mental resilience and positivity. After assembly, an engaging Positivity Board activity followed where Ms. Asha Malviya, the principal, teachers, and students wrote positive thoughts and affirmations. The collaborative effort created a visual display of support and encouragement, promoting a culture of positivity in the school.

VISIT TO RASHTRAPATI BHAWAN

“Education teaches you to think travel teaches you to understand.”



A group of 30 students of Army Public School, Meerut Cantt got an opportunity to visit Rashtrapati Bhawan and the National War Memorial in New Delhi. The educational excursion aimed at enhancing the students' knowledge of India's rich history, governance and the sacrifices made by its armed forces. The visit was organized as part of the school's initiative to provide real-life learning experiences outside the classroom. The students were taken on a guided tour of the Rashtrapati Bhavan and learned about the architecture of the building, which reflects a blend of Indian and Western styles. After exploring Rashtrapati Bhavan, the group visited the National War Memorial, located near India Gate. The memorial is dedicated to the soldiers who laid down their lives in the service of the nation.

ASHA MILAP PROJECT

“Inclusion is not tolerance; its unquestioned acceptance”



Asha Milap Project is a progressive initiative aimed at motivating and fostering inclusivity and promoting meaningful connections. It strives to empower specially-abled children from Asha Schools by facilitating interactions with students of Army Public Schools and other educational institutions

On 27 September 2024, the students of Army Public School, Meerut Cantt had a delightful and enriching interactive session with students of Asha School. They participated enthusiastically in the lively Bum Bum Bole action song and a creative craft activity where they made birthday caps which added to the excitement of the day. The students thoroughly enjoyed the opportunity to interact. The warm atmosphere fostered a spirit of teamwork and socialization.

LIFE-SAVING SKILLS TRAINING SESSION

“Life skills are art of living, which help us to draw a personal and professional sketch of life”

On 28 October 2024, Military Hospital Meerut organized a vital Life-Saving Skills Training session for students at Army Public School, Meerut Cantt led by Maj Gen Voodev Parida, VSM (GOC, HQ PUPSA). Students learned essential techniques like CPR,



the Heimlich maneuver (technique used to clear a blocked throat or windpipe), and basic first aid. The interactive training included hands-on demonstrations by medical professionals, ensuring students gaining the confidence and skills to respond to emergencies effectively. A comprehensive handbook on life-saving techniques was released which includes vital knowledge accessible to both students and teachers, with the aim of providing clear, step-by-step guidance in life-threatening situations. Brig Vikram Patra emphasized the importance of early education in life-saving skills.

IIMUN CONFERENCE

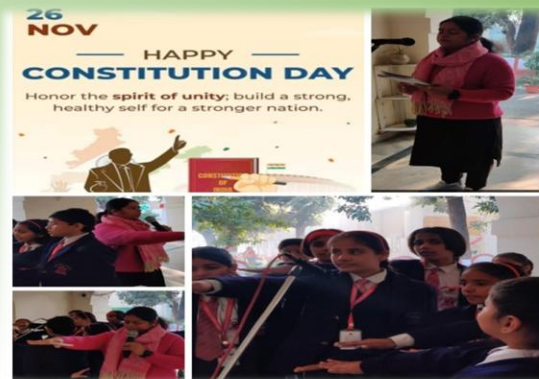
Army Public School, Meerut Cantt recently made a stellar mark at the prestigious Indian International Model United Nations (IIMUN) conference, winning the coveted IIMUN Trophy held at RK International School, Meerut Cantt on 23-24 November 2024. The conference, known for gathering young diplomats from around the world, provided an excellent platform to APS students to showcase their skills in international relations, diplomacy, and public speaking. One of the standout performances was of Ravi Prakash Singh (Class VI) who was awarded the Best Delegate in recognition of his exceptional debating, research, and negotiation skill. Three students were recognized with Special Mention awards for their dedication, thorough research, and ability to collaborate effectively within their committees. Three students also earned High Commendation awards, a prestigious recognition for those who consistently displayed excellent leadership, team-building abilities, and deep understanding of global issues.





CONSTITUTION DAY

Constitution Day also known as Samvidhan Divas was celebrated in our country on 26 November every year to commemorate the adoption of the Constitution of India. A special talk was organized on 26 November 2024 to appraise the students about the importance of the day. They took an oath to respect and follow the constitution. The day highlighted the importance of the Constitution and promoted constitutional values among young citizens.



PARAKH EXAM

PARAKH (Performance Assessment, Review, and Analysis of Knowledge for Holistic Development) was conducted on 3 & 4 December 2024 in the school to provide feedback on the effectiveness of the school education system. The examination aimed to assess the learning outcomes of students in grades III, VI, and IX. 90 selected students participated in the examination.



PRABAL EXAM

PRABAL Army Super 50 is a Free Residential Coaching Programme for wards of serving/ ESM personnels by the Centre for Social Responsibility and Leadership (CSRL) aspiring for JEE/ NEET. An offline exam was conducted in the school for the selection of PRABAL Super 50. A total of 43 students appeared in the examination. Ms Radha Jatav from CSRL, Sukhna came to conduct the exam.



ANNUAL ATHLETICS MEET 2024

“Sports is like life, The more you Practice; The better you Get.”

Athletic Meet is the showcasing of hard work, perseverance, leadership, winning, and sportsman spirit. With this motto, ten days Annual Athletic Meet at Army Public School, Meerut Cantt was inaugurated on 4 November 2024 with great zeal and spirit. Sports meet featured a wide range of athletic events where students from Nursery -XII participated in more than 20 sports events. The proceedings of the auspicious day commenced with the arrival of the esteemed Chief Guest Brigadier Nikhil Deshpande, Deputy GOC, HQ PUPSA. All the four houses led by the flag bearers along with the prefects rendered salute to the guest during their majestic March Past. The little stars performed a welcome dance. Students of Nursery and UKG participated in fun races and filled the atmosphere with excitement and enthusiasm. Asha school students also participated in the event under project “Asha Milap”. Students showcased their sporting talents, celebrating unity and friendship. The event reinforces Army Public School’s commitment to holistic education and community outreach, nurturing a culture of mutual respect and collective progress.



The Annual Athletics Meet concluded on a high note with a grand closing ceremony. The event witnessed enthusiastic participation from over 250 students. In the boys’ category, Arsh emerged as the standout performer, clinching the championship title with his remarkable achievements. In the girls’ category, Harshita dominated the track events, breaking records in the 100-meter race and securing top position. Vaidya House shone brightly, earning the overall championship trophy for its consistent and outstanding performance. The chief guest, Brigadier Nikhil Deshpande, Deputy GOC, HQ PUPSA graced the occasion and appreciated the young athletes for their dedication and discipline. The Principal Dr (Mrs) Reeta Gupta commended the efforts of all participants and emphasized the importance of sports in fostering confidence, resilience, and teamwork among students. The event concluded with the distribution of medals, trophies, and certificates to the winners. Vibrant celebrations, including March-Past and cultural performances, marked the end of the meet.

INTER-SCHOOL YOGA COMPETITION

“Yoga adds years to your life, and life to your years.”

An Inter- School Yoga Competition was organized on 04 October 2024 by Sanjeevani Mahila Sansthan, Saket, Meerut. Tanu of IX F got consolation prize in Individual Rhythmic Yoga Event. Tanu Chaudhary and Manu Chaudhary of IX L were declared first runners- up in a team event by exhibiting their outstanding performance among 50 participants.



SKATING CHAMPIONS



A Skating Competition was held on 01 December 2024 at The Aryans School, Meerut Cantt. 250 students participated in the event. It was a thrilling experience for all the participants and the spectators. Two students of Army Public School, Meerut Cantt, Shivanshi Srikant Shinde of class II won 02 gold medals and Hitika of class I won 2 medals 1silver and 1bronze raising the flag of APS, high in the sky.

BHARAT KO JANO QUIZ COMPETITION



In an impressive display of knowledge and teamwork, students of Army Public School, Meerut Cantt won the regional level Bharat ko Jano Quiz Competition, conducted by Bharat Vikas Parishad, held at Nachiketa School, Muzaffarnagar on 08 December 2024. Throughout the competition, the team displayed remarkable confidence, poise and expertise, answering a wide range of questions on Indian history, culture and geography. Their thorough preparation, strategic thinking` and effective communication skills ultimately led to their triumph. The winning team will now represent the school at national level in Lucknow on 19January, 2025.

WORKSHOPS FOR TEACHERS



The Counselling Cell organized an impactful workshop for teachers on 07 October 2024. The session was conducted by Dr. Poonam Devdutt, an expert in the field of Psychology and a renowned trainer. The workshop aimed to enhance the understanding of mental health challenges and the importance of well-being in both personal and professional lives. She highlighted the significance of self-care, emotional regulation, and mindfulness practices as essential tools for maintaining mental well-being.



CONDUCT OF POCSO ACT WORKSHOP

“There is no greater agony than being unheard.”

A workshop on POCSO was conducted by Lt Col Manish Kumar on 25 October & 29 October 2024 for the staff of Primary Wing and Senior Wing respectively.



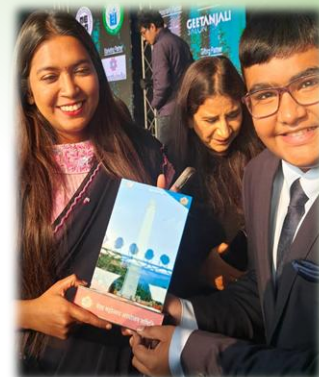
The workshop aimed to educate the teachers about the Protection of Children from Sexual Offences (POCSO) Act, 2012 and its implications for ensuring child safety and well-being. The staff gained in-depth knowledge of the Act & its provisions, definitions, and penalties. Real-life scenarios were discussed to illustrate the Act.



MEERUT MAHOTSAV 2024



Meerut Mahotsav 2024 a grand celebration of culture, talent and artistic expression, featuring participants from various institutions of the city . Students of Army Public School participated in the cultural events held on December 24, 2024, showcasing their skills. The school band displayed exceptional musical talent and coordination and secured Second Position. In the solo singing category, with a mesmerizing performance acquired Third Position. The dance team presented a captivating and energetic performance. Their efforts and creativity were highly praised, leaving a lasting impression on the audience



DIWALI CELEBRATION

A Special Assembly was organized on 28 October 2024 on the occasion of Diwali. A Nukkad Natak was performed by the students of class V spreading the message of Green Diwali and the adverse effect of crackers on the health and the environment. Students made beautiful diyas and lanterns which created an aura of positivity and celebration. A rangoli-making competition was also organized for classes III to V in the administrative block of the Primary Wing. The purpose of organizing the competition was to enable students to recognize symmetry and combinations of different lines, patterns and shapes. The day was full of festivity ,joy and togetherness.





YOUTH IDEATHON 2024



APS Meerut has carved a niche in Youth Ideathon on 9th & 10th October 2024. Five teams from the school were selected among the top 1500 participants, showcasing their innovative ideas and problem-solving skills. Out of these, two teams “**Agni Suraksha**” and “**Voice-Controlled Wheelchair**” have further distinguished themselves by advancing to the top 500 in the competition. The selected ones received an amount of Rs. 1000 each and a certificate. In addition to the team’s success, Shakshi(Class XII) and Vansh (Class X) were felicitated as Community Leaders for their outstanding contribution as interns. Ms. Yukti has been honored with the Teacher of Innovation Silver Award for her exemplary mentorship.

BAGLESS DAY

A vibrant and joyous Bagless Day was celebrated at Army Public School, Meerut for the students of Classes VI to VIII with the theme “Joy Of Giving, Christmas Celebration”. The day brimmed with creativity, teamwork and festive spirit creating unforgettable moments while fostering valuable learning experiences



CELEBRATION OF VEER BAL DIWAS



Army Public School, Meerut Cantt celebrated Veer Bal Diwas on 21st December, 2024 at the Primary and Senior Wing. Special assemblies were organized to inculcate the value of secularism and respect for all religions. The teachers and students recited hymns, poems and shabad followed by Prabhat Pheri. The key focus of entire program was the theme of the year, ‘Veerta’ narrating acts of courage, kindness, and resilience displayed by children



CAREER GUIDANCE SESSION BY ENVISION INDIA EDUSERVICES

“ The capacity to learn is a gift; the ability to learn is a skill; the willingness to learn is a choice.”

. A series of Career guidance workshops was organized for the students of class IX to XII. The workshop was conducted by Mrs. Jyotsna Bharadwaj and Mrs. Anupama Satpathy from Envision India EduserVICES, an organization that deals in career guidance and other services in the field of education. In the workshop, students of classes IX and X were informed about the steps involved in career planning, how to choose a stream after class X, factors affecting the choice of stream, the importance of identifying aptitude and interest using psychometric tests, career development cycle and major career options available in each stream.



ORIENTATION OF I.I.M.U.N

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AWARENESS SESSION ON HCL TECHBEE PROGRAMME

An awareness session was conducted on 10 December 2024 by Mr. Rohit Bansal, a representative from HCL, to inform the students of Class XII about the HCL Techbee Program. The initiative aimed to provide an early career opportunity for students aspiring to step into the IT industry while continuing their higher education.



Achievement and Award

RANKS FIRST IN THE DISTRICT

Persistence breeds triumph

“Rank does not confer privilege or give power. It imposes responsibility.”



APS Meerut has been ranked first in the Central Government Schools in the district as per the survey conducted by Education World India School Ranking 2024-25. It holds the third position among Central Government schools across Uttar Pradesh. Principal Dr. (Mrs) Reeta Gupta was congratulated for this remarkable achievement, recognizing the school's dedication to excellence in education and overall development of the students by providing open access to a wide range of co-curricular activities and freedom for innovations by providing countless opportunities.

FELICITATION OF MS.YUKTI

“ Success isn’t just about what you accomplish in your life; it’s about what you inspire others to do .”



AI Faculty Ms. Yukti was honored by Major General Voodev Parida, VSM, Patron, APS Meerut Cantt with an appreciation medal in recognition of her outstanding achievement in securing first position nationwide in the Impact Shapers category at the India AI Impact Festival. The prestigious event was organized by NITI Aayog, the Ministry of Education, the Department of Science and Technology, CBSE, and Intel .







Achievement and Award

INTEL'S INDIA AI IMPACT FESTIVAL 2024



Ms. Yukti, achieved the prestigious recognition of National Winner in the AI Impact Shapers category at Intel's India AI Impact Festival 2024 on 14 November 2024. The award celebrates her innovative contributions to Artificial Intelligence (AI) and its impactful applications in education. Intel AI Impact Festival 2024, a nationwide competition, received over 2000 entries, with Ms. Yukti's work selected among the top exemplars of impactful AI practices. Her dedication to leveraging AI for societal challenges and empowering students through innovation earned her this distinguished honor. This program was conducted by Intel Corporation, in collaboration with INSPIRE MANAK, AIM-NITI Aayog, CBSE, and the Ministry of Education, Government of India, Ms. Yukti was felicitated by Ms. Shweta Khurana, Director for Asia Pacific and Japan, Intel, adding immense value to the achievement.

UPCOMING EVENTS

-  **Annual Examination**
-  **Board Examination Practical**
-  **Republic Day Celebration**
-  **Board Examination**

"The Glory of Reward and Award"

*Beneath the sky of effort's glow,
Where seeds of dreams and actions grow,
Two shining paths diverge and meet—
The reward earned; the award so sweet.*

*The **reward**, a quiet, steady grace,
Born from toil in time and space,
Its warmth unseen, yet deeply felt,
A silent pride where virtues dwelt.*

*The **award**, a beacon bold and bright,
A crown bestowed in public light,
It sings the tale of triumph loud,
A moment cherished by the crowd.*





What we learned

"LOOKING BACK WITH PRIDE, MOVING FORWARD WITH PURPOSE"



As we wrap up this edition of our newsletter, we are filled with pride and joy reflecting on the many milestones, achievements, and celebrations that make our school a vibrant and inspiring community. From remarkable accomplishments by our students and staff to the meaningful ways we come together to celebrate festivals and special days, each moment highlights the spirit of excellence and unity that defines us. Thank you for being an integral part of our journey—your support and encouragement make everything we do possible. Stay tuned for more updates, and let's continue to learn, grow, and shine together!

INTRIGUING WORD RIDDLES

1. I'm tall when I'm young, and I'm short when I'm old. What am I?
2. The more you take away from me, the bigger I get. What am I?
3. I speak without a mouth and hear without ears. I have no body, but I come alive with the wind. What am I?
4. I am not alive, but I can grow. I don't have lungs, but I need air. What am I?
5. I am a word of letters three, Add two, and fewer there will be. What am I?

ANSWERS OF WORD RIDDLES

1. A Candle 2. A hole 3. An Echo 4. Fire 5. Few

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